



Please submit completed forms to Guidance.



**Bear Creek Secondary School**  
100 Red Oak Dr.  
Barrie, ON L4N 9M5  
(705) 725-7712

**40 HOURS ARE REQUIRED TO GRADUATE.**  
**NOTE: Work that would normally be completed for wages by a person in the workplace are NOT eligible for community service hours.**

A record of the hours you have earned is especially important when applying for scholarships.  
**NOTE: Be sure to keep a copy for your records.**

Student \_\_\_\_\_  
Homeroom Teacher \_\_\_\_\_

Principal Mr. J. Pino  
Telephone 705-725-7712

Activity	# of Hours Completed	Start Date (m/d/y)	End Date (m/d/y)	Community/Organization	Supervisor's Name	Telephone	Supervisor's Signature
<b>Total Hours</b>							

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent's / Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

If the activity is not on the list of approved activities, students require a guidance counselor's signature/initials before starting the activity.

<p><b>For Office Use Only</b></p> <p>Completion has been noted on the student's Ontario Student Record (OSR)</p> <p>Signature of School Official _____</p>
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**ELIGIBLE COMMUNITY SERVICE ACTIVITIES**

**ASSISTANCE TO SENIORS**

- Meals on wheels – not driving
- Snow shoveling, gardening
- Gift baskets
- Walk a senior program
- Performances at seniors' homes
- Visits to nursing homes, hospices

**ENVIRONMENTAL PROJECTS**

- Community clean up
- School Green Team
- Conservation projects
- Arbour Day

**CHARITABLE AND SERVICE ORGANIZATIONS**

- Foster Child Program
- United Way
- UNICEF
- Easter Seals Walk-A-thon
- Cancer Society
- Jump Rope for heart
- MS Society
- Terry Fox Run
- Crisis centres
- Remembrance Day
- Starlight Foundation
- Coats for Kids
- Blood donor clinics – assisting only

**SPORTS AND RECREATION**

- Volunteer coaching
- Scouts/Guides Canada
- Cadets
- Organizing sports activities
- Officialing at sports events

**SPECIFIC SCHOOL-RELATED ACTIVITIES**

- Student help line
- Buddy reading services
- Preschool programs
- Babysitting for school council meetings
- School Council
- Tutoring
- Helping in elementary schools (after school hours)
- School or neighbourhood projects
- Organizing school events
- Student trustees (non-credit)

**HEALTH FACILITIES**

- Chronic care hospital visits
- Hospital volunteer
- Hospital visits

**COMMUNITY ACTIVITIES**

- Fun fairs, fall fairs, Winterama, bake sales
  - Group home projects
  - Music in halls, churches
  - Raging against Drugs
  - Marching bands
  - Maple Syrup festivals
  - Local drama groups – helping with sets, etc.
  - Food Bank
  - Out of the Cold program
  - Volunteer teas, coop breakfasts
  - Community web sites
  - Adopt-a-road
  - Adopt-a-hospital
  - Adopt-a-street
  - Swan swim (Coldwater)
  - Lions Quest
  - Welcome wagon
  - Legion helpers
  - Church activities (choir, services, nursery, VBS)
  - Volunteer work for political parties
- ACTIVITIES NOT PERMITTED**
- 24 HOUR FAMINE
  - HANDLING HAZARDOUS MATERIALS
  - INVOLVES BANKING OR HANDLING VALUABLES
  - OPERATING A VEHICLE, POWER TOOLS OR SCAFFOLDING (IE ROOFING)

**SEE YOUR GUIDANCE DEPARTMENT IF FURTHER CLARIFICATION IS REQUIRED.**