

Get Your Green On During the Month of May

Teacher Resources

Student Resources

SDPBC Employee Resources

Parent & Community Resources



Take Pictures & Tag

#GetYourGreenOn
#GYGO2022



GET YOUR GREEN ON

for mental health awareness & trauma informed care

Wear Green Thursday, May 19th, in support of mental health awareness

Resources for Immediate Help

*Dial 2-1-1 or Visit 211palmbeach.org

2-1-1



*Caring First on SDPBC Website

*Call the Student Mental Health Helpline
561-432-6389 M-F, 8AM - 4:30PM

*Crisis Text Line: Text HOME to 741741

CRISIS TEXT LINE |

*Talk with the School Counselor, School Behavioral Health Professional, School Psychologist, School Administrator or the Classroom Teacher

*SDPBC Employees call Health Advocate Employee Assistance Plan) 855-424-8400

24/7 Support

*National Suicide Prevention Lifeline
800-273-8255 OR call 988



Did You Know?
1 in 5 people will experience a mental health challenge during their lifetime.

