

FOOTBALL CAMP

High School Football Bison Pride

This camp is imperative for all 2021 freshman, sophomore, junior and senior Bison football players in terms of player development and safety. This will be the final ingredient of the off-season training. Bison Pride camp will lay the foundation for our season and will determine our success for the year. Three 7 on 7 tournaments have tentatively scheduled for the month of July, further details will follow.

Weight Room & Conditioning

June 2 & 4	W-F	7:00 — 10:30 a.m. (Var) 8:30—10:00 a.m. (F/S)
June 7, 9, 11	M-W-F	7:00 —8:30 a.m. (Var) 8:30—10:00 a.m. (F/S)
June 14, 16, 18	M-W-F	7:00 — 8:30 a.m. (Var) 8:30—10:00 a.m. (F/S)
June 21, 23, 25	M-W-F	7:00 — 8:30 a.m. (Var) 8:30—10:00 a.m. (F/S)
June 28, 30, July 2nd	M-W-F	7:00 — 8:30 a.m. (Var) 8:30—10:00 a.m. (F/S)

Summer Camp

July 6—July 9	T—F	8:00 a.m.— 12:00 p.m.
July 12—July 16	M—F	8:00 a.m.— 12:00 p.m.
July 21—July 23	M—F	8:00 a.m.—12:00 p.m.
July 26—July 30	M—F	8:00 a.m.—12:00 p.m.

FEE: \$75.00

BOYS BASKETBALL CAMPS

RISING STAR Grades 2nd—4th
Junior players will have the opportunity to learn and play basketball with the use of junior-sized balls. Focus will be fundamentals based with an emphasis on improving the student's skill set. Camp will also include skill contests and 5-on-5 play

June 21—June 24
June 28—July 1
10:30 a.m.—12:00 p.m.

FEE: \$65.00 Field House

FUNDAMENTAL Grades 5th—8th
This camp is designed to help young players build a sound fundamental base for the game. Campers will be assessed individually and instruction will be focused on improving weaknesses and developing abilities. The first hour of each day will be devoted to basic fundamentals of dribbling, shooting, rebounding and ball handling. Camp will also include skill contests and will play two game each day after the fundamental session.

June 21—June 24
June 28—July 1
12:00 p.m.—2:30 p.m.

FEE: \$65.00 Field House

HIGH SCHOOL BASKETBALL-BISON ONLY

The High School Basketball Camp offers each player the opportunity to improve their game, develop their shooting style and fine tune their defensive and offensive performance. Participation in this camp will help the player become a strong force in a team setting.

June 14—June 17
June 21—June 24
June 28—July 1

3:00 p.m.—5:00 p.m.

FEE: \$85.00 Field House

BOYS & GIRLS TENNIS CAMP 7th—12th Grades

Participants will partake in stroke and footwork drills to improve consistency and accuracy of the basic tennis skills for overall match-play performance. Participants will also compete in match-play in order to develop court tactics and strategies necessary for success. All athletes interested in competing at the Varsity level are strongly encouraged to attend camp.

Dates: Monday, July 12th through Friday, July 16th

10th—12th graders, 4:00—5:30 p.m. **FEE: \$50.00**
7th—9th graders, 5:30—6:30 p.m. **FEE: \$25.00**

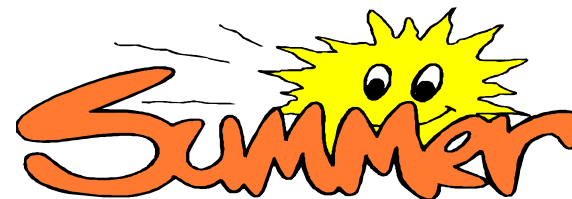
BOYS CROSS COUNTRY 6th—12th Grades

Summer Running Club
For all abilities and levels of fitness

June 28—July 30
Every Monday, Wednesday &
Friday

Mondays: 1:00 p.m.
Wednesdays: 8:00 a.m.
Fridays: 8:00 a.m.

NO FEE Meet at front parking lot of school



WRESTLING CAMP 7th—12th Grades

Basics, Offensive & Defensive Moves. Opportunity to refine skills that will help with success on the mat

Monday, June 28—Friday, July 2

6:30—8:00 p.m.

FEE: \$30.00 Wrestling Room

GOLF CAMP

Golf skills camp 6th—8th grade (Boys & Girls)

Dates: July 7, 12, 14 & 19 (weather makeup if necessary July 21)
Time: 1:30 p.m.—3:30 p.m.
Location: White Pines Golf Course

FEE: \$50.00 (checks to Fenton High School)

High School Golf Camp 9th—12th grade (Boys & Girls)

Dates: July 7, 12, 14 & 19 (weather makeup if Necessary July 21)
Time 3:00 p.m.—5:00 p.m.
Location: White Pines Golf Course

FEE: \$80.00 (checks to Fenton High School)

All players must bring their own clubs.

To register, or if you have any questions please email kopp@fenton100.org or call 630-542-6945

**GIRLS SOFTBALL
SKILLS CAMP**
9th—12th Grades

Monday, June 28—Thursday, July 1

1:00 p.m.—3:00 p.m.

Bring your spikes and glove and be prepared to learn the fundamental skills of girls' softball. Bring gym shoes in case the weather forces us inside.

FEE: \$40 Field 8

2021 CHEER CAMP
Grades K—8

August 9 & 10 12:30 p.m.—2:30 p.m.

Campers will learn jumps, a dance, sideline cheers and more! Then come back and join us to perform halftime at our first home football game!

FEE: \$40.00 includes camp & camp t-shirt Gym 3

GIRLS CROSS COUNTRY/TRACK
5th—12th Grades

Time: 8:00 a.m.—10:15 a.m.

Days: Monday, Tuesday, Friday & Saturday
Start Date: June 14th

The Fenton Fitness Camp is open to all athletes looking to develop speed and endurance over the summer months. The camp is an excellent place to make friendships with high character Fenton athletes. The goal of the camp is to gain fitness through fun and run! Schedule given on first day.

Location: Week 1: Fenton Track, Week 2: TBA

FEE: \$40.00

GIRLS VARSITY BASKETBALL CAMP
SOPHOMORE— SENIORS

June 14 & 15 10:00 a.m.—12:30 p.m.
June 16 1:00 p.m.—3:30 p.m.
June 17 1:00 p.m.—3:00 p.m. (fieldhouse)
June 21—24 10:00 a.m.—12:30 p.m.

Improving skill development through learning and repetition, developing and fostering basketball instincts, competitiveness, dedication through serious time commitment and an individual and team sense of accomplishment

FEE: \$80.00 Front Gym

GIRLS BASKETBALL CAMP
6th—9th Grades

June 21—June 24

1:00 p.m.—3:00 p.m.

Improving skill development through learning and repetition, developing and fostering basketball instincts, competitiveness, dedication through serious time commitment and an individual and team sense of accomplishment

FEE: \$40.00 Front Gym

GIRLS VOLLEYBALL CAMP
6,7, 8, 9, 10, 11 & 12 Grades

July 19—July 30 (Monday—Friday)

JV/Soph & Varsity: 10:00 a.m.—12:00 p.m.
6th—8th & Freshman: 3:00—5:00 p.m.

Anyone interested in volleyball, is encouraged to attend summer camp. Camp will focus on conditioning, fundamentals, and advanced volleyball skills by level.

What to bring: Mask, gym shoes, volleyball attire, water bottle. Email Coach Torres with any questions: torres@fenton100.org

FEE: \$65.00 includes camp t-shirt Front Gym

GIRLS & BOYS SOCCER YOUTH CAMP

5th—12th Grades

Camp training sessions will focus on fundamentals. Each session is designed to help players develop a better first touch on the ball, improve passing accuracy and improve shooting accuracy. Most importantly, we hope to instill a love of the game of soccer in each player.

Monday, June 21—Friday, June 25
4:00—5:30 p.m.

FEE: \$50:00 Redmond Park or FHS
Deadline June 16 (TBD)



**ATHLETIC
DEPARTMENT**

630.860.6261

Todd Becker

Athletic Director

Mark Kos

Assistant Athletic Director

Lori Speiden

Administrative Assistant

SUMMER

CAMP

2021

Note:

Summer programs are encouraged but are not a requirement for high school athletics.

Summer participation does not guarantee a place on the varsity squad.

