



2018 SCHOOL SPIRIT SHOWS

LOCATIONS

DES MOINES, IOWA

Tuesday, August 7, 2018

Holiday Inn Airport & Conference Center
6111 Fleur Dr., Des Moines, IA 50321
(Free Parking)

WATERLOO, IOWA

Thursday, August 9, 2018

Waterloo Convention Center at the
Five Sullivan Brothers Plaza
West 4th St. & Commercial St.,
Waterloo, IA 50701
(Free Parking under the Hwy. 218 bridge
between Park & 5th Street)

RSVP

By Friday, June 29, 2018
barb@aeapurchasing.org
or 319-268-7726

**FUN, FOOD, TRAINING
& DOOR PRIZES!**

AGENDA

7:00 AM

REGISTRATION & CONTINENTAL BREAKFAST STARTS

8:00-8:15 AM

WELCOME!

Dan Dreyer & Meg Brink, RD, LD
AEA Purchasing Food Program



8:15-9:15 AM

FACTS ON FATS

Nancy Christensen, PhD, MEd, RD, LD, SNS,
Christensen Consulting, LLC



9:15-10:15 AM

MAXIMIZING YOUR USDA FOODS USAGE

Sarah White, Food Distribution Consultant,
Iowa Department of Education,
Bureau of Nutrition & Health Services



10:15-10:30 AM

BREAK



10:30-11:30 AM

SUMMER MEAL TIDBITS

Stephanie Dross, RDN, LD, Education Program
Consultant, Iowa Department of Education, Bureau
of Nutrition & Health Services

11:30-12:30 PM

LAUGHTER THERAPY 101

Teddy Widdel,
Laughter Yoga Teacher & Trainer



12:30-12:45 PM

COMMENTS

Renee Greiner, RD, LD, Martin Bros. Distributing
Dan Dreyer & Meg Brink, AEA Purchasing
Food Program

12:45-3:45 PM

FOOD EXHIBITS



4 CEU's

available for SNA-Iowa & AND Members!