



# Akron Public Schools

# LEARNING

## 2021-2022



ADAPTIVE RESPONSIVE SUPPORTIVE

## WEEKLY UPDATE

Thursday, Jan. 20, 2022

### Weekly Update is changing formats — sign up to receive future updates

Get Weekly Update delivered right to your email! Soon, a mobile-friendly version of Weekly Update will be sent to those who opt in every Thursday while school is in session. To receive district and community news, updates, resources and other information, please sign up [here](#).

### Merkle's Mental Health Moment – Stop being so mean to yourself

*Dr. Erich Merkle, Pupil Adjustment Program, Office of Special Education, Akron Public Schools*

All of us have mental recordings that can play back hurtful narratives. With the ongoing disruptions of COVID-19 and this week's heavy snow, many of us found ourselves struggling with things we had to or should do. Reporters [at National Public Radio \(NPR\) offer strategies](#) to squash those inner voices so we can be nicer to ourselves. Remember, you are an amazing person doing the best you can. Never let yourself be your own worst critic.

### Free COVID-19 tests and masks, APS vaccine clinic report

- You can order free at-home COVID-19 tests on the [new COVID-19 federal government website](#) starting this week. The site connects with a U.S. Postal Service site that will send one set of four at-home tests per home. While the site is new, tests are projected to start shipping at the end of January. [Learn more.](#)
- The Biden administration is providing 400 million free N95 masks to citizens to help combat the recent COVID-19 surge. Masks will be available starting next week at local pharmacies and health centers. Specialists at the U.S. Centers for Disease Control and Prevention advise wearing N95 masks to provide the greatest protection against COVID-19. [Learn more.](#)
- The APS Roll up a Sleeve vaccination campaign, in partnership with Akron Children's Hospital, has successfully provided 28 vaccine clinics. APS has provided more than 5,300 vaccines to students, staff and community members from February 2021 to the most recent vaccine clinic on Jan.14, 2022. [Learn more](#) about vaccines at APS.

### College Credit Plus Information Sessions

College Credit Plus (CCP) provides students in grades 7-12 opportunities to earn college and high school credits at the same time by enrolling in courses at local colleges or universities. The program prepares students for future careers and post-secondary success. There is typically little to no cost for students to enroll. If you have a student or know of a student who may be interested, tell them about our upcoming information sessions on:

- Feb. 7, 12 p.m., virtual
- Feb. 7, 6 p.m., virtual
- Feb. 16, 5:30 p.m., in-person at Firestone CLC
- Feb. 24, 5:30 p.m., in-person at Ellet CLC

[Learn more.](#)

### 24/7 tutoring available for students

APS partners with Tutor Me, a tutoring service that provides students in grades 6-12 on-demand 24/7 tutoring. Tutors are highly trained experts that can help students with any subject. The live service is available to students at any time. [Learn more.](#)

### APS *plus* After-Hours Support for students and families

APS *plus* After-Hours Support assists students and families with K-12 tutoring and academic support, family support services, social-emotional urgent support, technology and Google Classroom troubleshooting. **Support hours are Monday through Thursday from 4-7 p.m. and Saturday from 10 a.m. to 2 p.m.** For more information or to call the support squad, visit [akronschools.com/apsplus](https://akronschools.com/apsplus).

## HELPFUL RESOURCES

All the resources below have clickable links for your convenience.

#### General resources

- [Akron Summit County Library](#)
- [APS Covid-19 Dashboard](#)
- [APS District Website](#)
- [APS Family Resources](#)
- [Get 2 School/Stay in the Game](#)
- [Ohio Department of Education \(ODE\)](#)
- [Summit County Public Health](#)
- [United Way 2-1-1 Resource Referral](#)

#### Forms and downloads

- [Help Desk Form](#)

#### Educational and mental health resources

- [5 Things Parents Can Do to Support Learning at Home](#)
- [9 Tips for Parents Navigating Online Learning](#)
- [22 Remote Learning Tips for Parents](#)
- [CDC: Help Children Learn at Home](#)
- [Online Learning Tips for Families](#)

#### APS social media

- Facebook [@akronpublicschools](#)
- Twitter [@akronschools](#)
- LinkedIn [@akron-public-schools](#)
- YouTube [@Akron Schools](#)