



Akron Public Schools

LEARNING

2021-2022



ADAPTIVE RESPONSIVE SUPPORTIVE

WEEKLY UPDATE

Thursday, March 10, 2022

Weekly Update is changing formats — sign up to receive future updates

Get Weekly Update delivered right to your email! Soon, a mobile-friendly version of Weekly Update will be sent to those who opt in every Thursday while school is in session. To receive district and community news, updates, resources and other information, please sign up [here](#).

Merkle's Mental Health Moment – preparing to spring forward

Dr. Erich Merkle, Pupil Adjustment Program, Office of Special Education, Akron Public Schools

Every March, we set our clocks an hour forward to capture more daylight during the spring and summer months. While the sun can nourish our bodies, the lost hour of sleep can harm our sleep patterns, leading to adjustment challenges. Experts advise parents to adjust their children's bed and waking times by 15 minutes for a few days leading up to Daylight Savings Time. Healthline offers information about [promoting positive sleep routines](#), while Nationwide Children's discusses [how much sleep our children need](#). Remember, getting the right amount of sleep is important to recharge, start a new day and set the stage for everything we do.

Pfeiffer Elementary students create Be Kind bees as part of the Be Kind 330 campaign

APS students are participating in the district's [Be Kind 330](#) campaign, which encourages students, staff and community members to spread kindness. This week, students at Pfeiffer Elementary created [Be Kind bees](#) as a reminder to spread kindness. What are you doing this week to be kind? [Learn more](#) about the campaign and follow us on [Facebook](#), [Twitter](#) and [LinkedIn](#) for updates, kindness challenges and tips. Be sure to use #BeKind330 and tag us when sharing content.

Potential APS masking guideline updates and new COVID-19 community impact tool

APS is collecting feedback from families and staff to determine if updates to current APS masking guidelines are necessary. If necessary, revisions will be in place before the end of March. Public health experts are studying the importance of health equity as a side effect of the pandemic. According to the CDC, the pandemic exposed inequities among racial and ethnic minority populations. A new tool helps communities make decisions regarding prevention methods based on its community level. [Use the tool](#).

APS is hiring paraprofessionals — apply today!

APS is hiring paraprofessionals to assist teachers in the classroom. As a paraprofessional, you may read stories, manage book collections as a library technician, support students with medical, physical, intellectual and behavioral disabilities and more. Position includes a consistent schedule, summer employment opportunities, weekends and school holidays off and a rewarding work environment. [Learn more and apply!](#)

Attend a free webinar on internet safety and human trafficking

Guardians Advocating Child Safety and Protection (GASP) is providing a free webinar about internet safety and human trafficking on March 23 at 1 p.m. GASP is a nonprofit organization that educates families on how to be proactive to keep children safe from dangerous situations, sexual offenses, abuse and abduction. The webinar will define human trafficking and who is vulnerable, discuss grooming on the internet and share safety tips to protect yourself and your children. For more information or questions, contact 330.247.1402. [Register for the webinar](#).

APS *plus* After-Hours Support for students and families

APS *plus* After-Hours Support assists students and families with K-12 tutoring and academic support, family support services, social-emotional urgent support, technology and Google Classroom troubleshooting. **Support hours are Monday through Thursday from 4-7 p.m. and Saturday from 10 a.m. to 2 p.m.** For more information or to call the support squad, visit akronschools.com/apsplus.

HELPFUL RESOURCES

All the resources below have clickable links for your convenience.

General resources

- [Akron Summit County Library](#)
- [APS Covid-19 Dashboard](#)
- [APS District Website](#)
- [APS Family Resources](#)
- [Get 2 School/Stay in the Game](#)
- [Ohio Department of Education \(ODE\)](#)
- [Summit County Public Health](#)
- [United Way 2-1-1 Resource Referral](#)

Forms and downloads

- [Help Desk Form](#)

Educational and mental health resources

- [5 Things Parents Can Do to Support Learning at Home](#)
- [9 Tips for Parents Navigating Online Learning](#)
- [22 Remote Learning Tips for Parents](#)
- [CDC: Help Children Learn at Home](#)
- [Online Learning Tips for Families](#)

APS social media

- Facebook [@akronpublicschools](#)
- Twitter [@akronschools](#)
- LinkedIn [@akron-public-schools](#)
- YouTube [@Akron Schools](#)