



ADAPTIVE RESPONSIVE SUPPORTIVE

WEEKLY UPDATE

Thursday, March 24, 2022

Weekly Update is changing formats — sign up to receive future updates

Get Weekly Update delivered right to your email! Soon, a mobile-friendly version of Weekly Update will be sent to those who opt in every Thursday while school is in session. To receive district and community news, updates, resources and other information, please sign up here.

Merkle's Mental Health Moment - helping our kids stay positive

Dr. Erich Merkle, Pupil Adjustment Program, Office of Special Education, Akron Public Schools
There are many difficult global events affecting our lives, including the Ukraine invasion, rising COVID-19 cases in parts of the world and emotional news stories. Despite the negative news, caregivers and teachers can help our children accept these negative life events and process them in a healthy way. Nationwide Children's Hospital offers guidance on how to help kids stay positive during trying times. In addition, National Public Radio (NPR) discusses how children are coping and what caregivers can do to help.

Registration opens soon for The Summer Experience at APS

The Summer Experience provides summer programs that allow APS students to have fun, be creative, solve mysteries, learn about careers, build robots and earn high school credits. There are various programs for K-12 students that include both in-person and remote activities. Registration opens April 1. <u>Learn more about program dates and details.</u>

Bridges CLC students create mantra murals for Be Kind 330 campaign

APS students are participating in the district's <u>Be Kind 330</u> campaign, which encourages students, staff and community members to spread kindness. After learning about Harriet Tubman, second and third graders at Bridges CLC have learned that kindness sometimes requires courage. To show their courage and the causes they want to stand up for, students <u>created mantra murals</u> with the help of Music and Art Therapist Edie Hardin-Steiner. What are you doing this week to be kind? <u>Learn more</u> about the campaign and follow us on <u>Facebook</u>, <u>Twitter</u> and <u>LinkedIn</u> for updates, kindness challenges and tips. Be sure to use #BeKind330 and tag us when sharing content.

Remember the COVID-19 basics while infection rates decrease

Infection rates have dropped significantly in the U.S. since the end of 2021. However, many people are still contracting the virus and might be questioning what to do. Remember these simple basics if you or someone you know has been exposed:

- The date of your exposure is considered day zero.
- Day one is the first full day after your last contact with a person who had COVID-19.
- Stay home and away from other people for at least five days.

Learn more about COVID-19 exposure and protocols.

Attend the Creative and Culinary Arts Student Showcase

Attend the Creative and Culinary Arts Student Showcase presented by the North Hill Community Development Corporation on April 6 from 4-8 p.m. at 778 N. Main St. Enjoy a handcrafted menu from culinary students at Buchtel CLC and art from students at Jennings CLC and North High School. <u>Learn more.</u>

APS plus After-Hours Support for students and families

APS *plus* After-Hours Support assists students and families with K-12 tutoring and academic support, family support services, social-emotional urgent support, technology and Google Classroom troubleshooting. **Support hours are Monday through Thursday from 4-7 p.m. and Saturday from 10 a.m. to 2 p.m.** For more information or to call the support squad, visit <u>akronschools.com/apsplus</u>.

HELPFUL RESOURCES

All the resources below have clickable links for your convenience.

General resources

- Akron Summit County Library
- APS Covid-19 Dashboard
- APS District Website
- APS Family Resources
- Get 2 School/Stay in the Game
- Ohio Department of Education (ODE)
- Summit County Public Health
- United Way 2-1-1 Resource Referral

Forms and downloads

Help Desk Form

Educational and mental health resources

- <u>5 Things Parents Can Do to Support Learning at Home</u>
- <u>9 Tips for Parents Navigating Online Learning</u>
- 22 Remote Learning Tips for Parents
- CDC: Help Children Learn at Home
- Online Learning Tips for Families

APS social media

Facebook @akronpublicschools

Twitter @akronschools
LinkedIn @akron-public-schools

YouTube <u>@Akron Schools</u>