



Akron Public Schools

LEARNING

2021-2022



ADAPTIVE RESPONSIVE SUPPORTIVE

WEEKLY UPDATE

Thursday, Jan. 27, 2022

Weekly Update is changing formats — sign up to receive future updates

Get Weekly Update delivered right to your email! Soon, a mobile-friendly version of Weekly Update will be sent to those who opt in every Thursday while school is in session. To receive district and community news, updates, resources and other information, please sign up [here](#).

Merkle's Mental Health Moment – Watching out for signs of stress during the winter

Dr. Erich Merkle, Pupil Adjustment Program, Office of Special Education, Akron Public Schools

Enduring winter can make us feel stressed and depleted, especially after two weeks of endless snow and cold temperatures. Remaining inside, experiencing school closures and restricting social activities due to harsh winter weather amplify what many of us experienced during the pandemic. The American Psychological Association [offers us tips](#) to keep an eye out for stress responses in our children during these challenging winter days. By tuning into our emotional or behavioral responses, we can identify potential problems to provide guidance and support to our children (and others) to be successful and thrive in these difficult times.

Suggested mask updates, at-home tests and other COVID-19 information

- There is increasing nationwide discussion about which masks best fight against COVID-19. After additional research, The US Centers for Disease Control and Prevention updated its mask guidelines stating that [N95 masks best protect people against COVID-19](#). [Learn more](#) about the latest research and recommendations.
- You can now order free at-home COVID-19 tests on the [new COVID-19 federal government website](#). The site connects with a U.S. Postal Service site that will send one set of four at-home tests per home. Tests are projected to start shipping at the end of January. [Learn more](#).
- The APS Roll up a Sleeve vaccination campaign, in partnership with Akron Children's Hospital, has successfully provided 28 vaccine clinics. APS has provided more than 5,300 vaccines to students, staff and community members from February 2021 to the most recent vaccine clinic on Jan. 14, 2022. [Learn more](#) about vaccines at APS.

Winter clothing and food assistance

It's important to keep our community safe and cared for during the harsh winter months. Please pass on the information below if you or someone you know may benefit from these services.

- [Clothing assistance](#)
- [Food assistance](#)
- [Utility assistance](#)

Participate in STEM Day at Goodyear

APS is partnering with Goodyear Tire & Rubber Company to provide APS middle and high school students STEM Career Day. The career day provides students opportunities to explore career and learning options associated with STEM fields. Event dates vary. [Register online and learn more](#).

APS plus After-Hours Support for students and families

APS plus After-Hours Support assists students and families with K-12 tutoring and academic support, family support services, social-emotional urgent support, technology and Google Classroom troubleshooting. **Support hours are Monday through Thursday from 4-7 p.m. and Saturday from 10 a.m. to 2 p.m.** For more information or to call the support squad, visit akronschools.com/apsplus.

HELPFUL RESOURCES

All the resources below have clickable links for your convenience.

General resources

- [Akron Summit County Library](#)
- [APS Covid-19 Dashboard](#)
- [APS District Website](#)
- [APS Family Resources](#)
- [Get 2 School/Stay in the Game](#)
- [Ohio Department of Education \(ODE\)](#)
- [Summit County Public Health](#)
- [United Way 2-1-1 Resource Referral](#)

Forms and downloads

- [Help Desk Form](#)

Educational and mental health resources

- [5 Things Parents Can Do to Support Learning at Home](#)
- [9 Tips for Parents Navigating Online Learning](#)
- [22 Remote Learning Tips for Parents](#)
- [CDC: Help Children Learn at Home](#)
- [Online Learning Tips for Families](#)

APS social media

- Facebook [@akronpublicschools](#)
- Twitter [@akronschools](#)
- LinkedIn [@akron-public-schools](#)
- YouTube [@Akron Schools](#)