

## HIGH SCHOOL LETTER TO PARENTS

Dear Parents/Guardians,

We will be using Sportz Ventures, an online program, to register athletic forms for the upcoming 2022-2023 school year.

The link to the online athletic packet can be found off the Athletics' tab on the High School or Middle School website and on Schoology (Glen Rock Athletic Training).

Online registration for the Winter season will open on October 15<sup>th</sup> and will take approximately ten to fifteen minutes to complete. The online athletic packet is not filled out for Weight Room. A Health History Update Questionnaire must be submitted to the Athletic Trainer for Weight Room clearance.

**\*\*Please be advised that a valid physical for the winter season is still required.**

- Preparticipation Physical Evaluation Form
- Health History Questionnaire from the online athletic packet

MUST be submitted on one of the collection dates.

The following are collection dates for High School and Middle School for the upcoming Winter season:

**\*\*ALL COLLECTIONS WILL TAKE PLACE RIGHT AFTER SCHOOL\*\***

October 27<sup>th</sup> (Bowling and Ice Hockey)

November 1<sup>st</sup> - (Basketball and Wrestling)

November 3<sup>rd</sup> (Winter Track)

November 15<sup>th</sup> (All Middle School Sports)

**\*\*All collections will take place in the NURSE'S OFFICE (off the High School Hamilton Lobby)\*\***

Please have all physical findings: including height, weight, pulse, blood pressure, and vision completed on the Pre participation evaluation form.

If a student has a physical on file in the nurse's office and it is on or after 11/21/2021 or a physical from 2022 then ONLY the Health History Questionnaire from the online athletic packet will need to be submitted to the athletic trainer for medical clearance.

If a student has an allergy or asthma, the proper documentation MUST be submitted with the

Preparticipation physical evaluation form in order to be eligible for medical clearance. These forms can be found on the Athletics' website, the Student Health Services website and on Schoology (Glen Rock Athletic Training). Clearance will be withheld until all forms are received.