

Dear Parents/Guardians,

We will be using Sportz Ventures, an online program, to register athletic forms for the upcoming 2022-2023 school year.

The link to the online athletic packet can be found off the Athletics' tab on the High School or Middle School website and on Schoology (Glen Rock Athletic Training). Online registration for the Fall season will open on June 15th and will take approximately ten to fifteen minutes to complete. The online athletic packet is not filled out for summer workouts. Once you have completed the online athletic packet the:

- Preparticipation Physical Evaluation Form
- Health History Questionnaire from the online athletic packet

MUST be submitted on one of the collection dates.

The following are collection dates for High School and Middle School for the upcoming Fall season:

June 20th 3pm to 4pm (Collection will be in Athletic Training Room)

July 14th 4pm to 7pm

July 25th 4pm to 7pm

August 4th 4pm to 7pm

August 11th 2pm to 5pm (Last collection date for High School)

August 22nd 4pm to 7pm (Middle School Only)

All collections will take place in the NURSE'S OFFICE (off the High School Hamilton Lobby)

Please have all physical findings: including height, weight, pulse, blood pressure, and vision completed on the Pre participation evaluation form.

If a student has a physical on file in the nurse's office and it is on or after August 10th 2020 or a physical from 2022 then ONLY the Health History Questionnaire from the online athletic packet will need to be submitted to the athletic trainer for medical clearance.

Students who were cleared for summer workouts (June 20^{ht} to August 9th) will need to submit new paperwork to be cleared for the fall season.

If a student has an allergy or asthma, the proper documentation MUST be submitted with the preparticipation

physical evaluation form in order to be eligible for medical clearance. These forms can be found on the Athletics' website, the Student Health Services website and on Schoology (Glen Rock Athletic Training). Clearance will be withheld until all forms are received.

August 11th will be the last collection date that High School athletes can hand in forms and be guaranteed to be cleared for the first day of practice. Athletes who hand in forms after August 11th may experience a delay in clearance. August 22nd will be the last collection date that Middle School athletes

can hand in forms and be guaranteed to be cleared for the first day of practice. Athletes who hand in forms after August 25th may experience a delay in clearance.

Sincerely,

Eric Hernandez

Athletic Trainer