



**Ashley Onion**  
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### **Plainville Dining Services Frequently Asked Questions**

Good afternoon Plainville Families,

Plainville Community Schools is excited to announce USDA extended meals for all children 18 years and younger at no charge starting Monday September 14, 2020 until June 30, 2021.

**Q: Why should my child eat breakfast and lunch in school?**

A: Eating free meals in school helps families with food costs, prep time, and school meals are familiar to students. Not only does it help families it helps School Nutrition Staff stay employed and helps the Food Service Department stay afloat. Also, **ALL** school nutrition staff abide by local Health Department and CDC Regulations to assure proper safety during this pandemic!

**Q: What does this mean?**

A: Your child(ren) is eligible to receive breakfast and lunch at no charge until June 30, 2021. The cost is reimbursed by the Federal Government. Students are only allowed one breakfast and one lunch per day. If a student would like a second lunch, they must purchase the second lunch. Every child is eligible. Participation is needed, too, to help the District make ends meet. At the current participation level we are meeting only about ½ of our food service cost.

**Q: Where can I find the breakfast and lunch menus?**

A: All Plainville Community School breakfast and lunch menus can be found [here](#).

**Q: Will distance and hybrid meals be available on days when my child is learning from home?**

A: Yes, all students who are distance learning or home on hybrid learning days can pick up a breakfast and lunch at no charge. The meals can be picked up daily between 9:15 AM – 9:45 AM at Plainville High School. The meals will be distributed at the entrance near the flag pole.

**Q: What is included with my child's breakfast and lunch?**

A: All breakfasts include 1 cup of fruit, whole grains and/or protein, and milk. All lunches include whole grains, protein, fruit, vegetable, and milk. Meals are not only nutritious, they are delicious! Most importantly, longitudinal research shows that students who eat a healthy breakfast daily have improved concentration, improve student academic performance and behavior, decrease risk of food insecurity, and perform better on standardized tests.

**Q: Who can pick up my child(ren)'s meal?**

A: Only students, parents or guardians are allowed to pick up the breakfast and lunch meal for their child daily.

**Q: What about ala carte items at MSP?**

A: Ala carte items, including water, snacks, and milk, will be available but not included in the free lunch option. If a student wishes to purchase ala carte items, checks or My School Bucks can still be used.



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**Q: Do I still need to fill out an application?**

A: All students are eligible to receive free meals at no charge until June 30, 2021. We ask that you also complete a free/reduced price meal application for each household by Friday November 20 so you will receive all benefits to which you are entitled. It also can help with District funding. It may also allow you to receive benefits even after free meals expire in June. The application should be sent to the Food Service Office located at 47 Robert Holcomb Way Plainville CT, 06062. Please click [here](#) for the free and reduced application and applicable documents.

If you have any questions please feel free to contact the Food Services office at 860-793-3234 or [oniona@plainvilleschools.org](mailto:oniona@plainvilleschools.org).

Sincerely,  
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Plainville Community School