

# VIRTUAL Parent Information Workshop

Please join Keystone staff and other parents  
to get some answers and share ideas

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## Parenting through Change



**Thursday May 27 from 11:30 to 1:30**

### **Topics Covered Include:**

- **Coping with change**
- **Learning to co-parent after a separation**
- **Dealing with conflict**
- **Strategies to help your child through a separation**

Please register by calling 519-371-4773 ext "0"

This workshop will be held virtually via Zoom



**This program is sponsored by Keystone Child, Youth and Family Services  
For future dates please visit [www.keystonebrucegrey.org](http://www.keystonebrucegrey.org)**