



# Owen Sound District Secondary School

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Erin Paylor, Principal  
Maureen Radbourne, Vice-Principal  
Laurie Trudell, Vice-Principal  
Susan Lavergne, Office Manager

750 9th Street West  
Owen Sound, ON N4K 3P6  
Telephone: (519) 376-6050  
Fax: (519) 370-6632  
www.osdss.bwdsb.on.ca



Dear Parents/Guardians:

I hope the recent return to school was a successful one for all our students and families.

As we settle into our routines, I am sharing some important guidance from Grey Bruce Public Health, the Ontario Ministry of Health, and the Office of the Chief Medical Officer of Health, to support illness management in our school.

To help keep our school healthy and safe, students and staff are reminded to stay home if they feel sick. It is also recommended that they continue to self-screen for symptoms of illness each day before attending school using the [School and Child Care Screening Tool](#) or [downloadable versions](#).

Please note the following for anyone who is feeling sick, or has new or worsening symptoms of illness, including those not listed in the above screening tool:

- Individuals should stay home until their symptoms have been improving for at least **24 hours**, or **48 hours** for gastrointestinal symptoms (nausea, vomiting, and/or diarrhea), and they do not have a fever.
- Individuals who have been symptomatic or tested positive should wear a mask in public settings, including schools, for a total of **10 days** after the start of symptoms or the date of the positive test. They should also avoid non-essential tasks where the mask is removed, such as playing instruments or high-contact sports.
- Individuals should seek assessment from their health care provider, if required. The presence of symptoms, especially those that are respiratory, increases the risk of transmitting to others.
- If a student becomes ill while at school, staff will attempt to contact a parent/guardian to arrange pick-up.

For any students who have travelled outside of Canada, the [Government of Canada travel website](#) can be used to support decision making.

Thank you for your ongoing cooperation and support in ensuring the health and safety of our students and staff. As always, please feel free to reach out to the school if you have questions.

Sincerely,

Erin Paylor  
Principal